



The Vintage Sports Car Club of WA (Inc) [*for brevity, adopt VSCC*] lists the largest number of classic sports cars in the state, with over 400 members and their interesting vehicles.

Generous sponsorship from Healthway supports our objectives, to organise events for older sports and racing cars with social and competition events such as hill climbs, tutored driver training days, sprint events and historic rounds at local circuits. At these events, other groups usually cater for limited food and at some club meeting nights, restricted alcohol supply is available subject to conditions with an approved Liquor License.

VINTAGE SPORTS CAR CLUB HEALTH POLICY – 2008 / 9

The VSCC has developed and will further implement policies, to actively promote and encourage wellbeing for our members and particularly, those who follow motor sport. The strategies adopted will endeavour to ensure that all officials and competitors at club motor sport events, undertake their duties and roles in an environment which is as free of risk to their health and safety as is reasonably practicable and provides safe, fair and socially responsible activities for everyone involved.

1. TOBACCO POLICY

The VSCC recognises that Smoke Free environments protect non-smokers from harmful effects of tobacco smoke and contributes to reducing tobacco consumption levels. The Club will encourage members to quit smoking and actively discourage the uptake of smoking, particularly by younger members and their friends. The Club will provide various Smoke-Free areas where members and the public can enjoy motor sport, in support of the Healthway WA sponsorship program.

Procedure:

- 1.1 A Smoke Free policy is in place, and all venues indoors will continue to be stipulated as 100% Smoke Free, with designated areas provided outdoors, at motor sport events under our control.
- 1.2 The Club will not sell or encourage use of tobacco products in any form.
- 1.3 Event venues and clubrooms will continue to be promoted with distinctive signage as Smoke Free areas.
- 1.4 For VSCC officials at events, a 100% Smoke Free policy will be implemented in 'The Pits' area and all other officials will be discouraged from smoking.
- 1.5 Regular messages encouraging members to Quit Smoking or to not take up the habit, will be included in editorial text within the club's monthly newsletter.

page 1 of 5

2. ALCOHOL POLICY

Health and safety issues related to alcohol consumption are major aspects of focus and concern by Health Authorities. The VSCC will actively promote, encourage and support strategies to minimise harm from alcohol and other drug use. Responsible consumption of alcohol by competitors, members of the public and officials alike, will be monitored at functions where possible.

At Club motor sport events during any competition, consumption of alcoholic beverages in 'The Paddock', 'Pits' or any other portion of the competition venue under the control of officials is expressly forbidden, until all practice or competition activity is concluded each day.

Procedure:

- 2.1 The Confederation of Australian Motor Sport, 'Drugs in Sport Policy', as appears in the CAMS Manual, is recognised by members as an integral component of the National Competition Rules and regulations. The reference is strictly adhered to and applies for all Prohibited Substances.
- 2.2 Alcohol will only be served in accordance with requirements set out in the Liquor Licensing Act 1990. No alcohol will be served to patrons under 18 years of age, or to intoxicated persons.
- 2.3 Tap water will be available free of charge at venues, where possible.
- 2.4 Food will be offered when alcohol is served, and drinks will be of standard sizes.
- 2.5 Other non-alcoholic or lower strength beverages will be available and promoted.
- 2.6 Notices will be on view in the Clubs rooms, to remind members of their responsibilities at all times, regarding the safe consumption of alcohol.
- 2.7 Rapid consumption of alcohol will be discouraged and irresponsible drinking will not be glamorised or condoned.

3. FOOD, CATERING and ACTIVITY POLICY

The importance of good nutrition, together with regular physical activity and the role it plays in maintaining good health, combating diseases and preventing major illnesses, is well recognised by the VSCC. Awareness of nutritional value in foods is fundamental to understanding better eating practices and the addition of effective exercise is supportive action for wellbeing.

Procedure:

- 3.1 Where food is catered for at functions and events, healthy alternatives will be offered. Those foods recognised as low in fat and sugar, high in fibre and with substantial fruit and vegetable content, will be presented where practicable or appropriate, and caterers will be encouraged to implement these options.
- 3.2 Regular, various messages on exercise and wellbeing as promoted by Healthway, with encouragement to eat foods of better nutrition, will be included in editorial for "Vintage Metal" the VSCC newsletter circulated monthly to members.
- 3.3 Vouchers encouraging poor nutritional foods will not be offered as awards.
- 3.4 The Club's policy will be reviewed annually, and professional advice will be sought when necessary, to assist with guidelines for caterers.

page 2 of 5

4. SUN PROTECTION POLICY

Exposure to ultraviolet radiation (UVR) and its negative health effects is well documented by professionals across the country. The VSCC recommends and supports Sun-Safe practices actively, at all outdoors events and has introduced measures to minimise the sun exposure of members and spectators where possible. This policy will be reviewed annually, according to recognised and current medical advice at that time.

Procedure:

- 4.1 Officials will be encouraged to wear sun hats as provided by Healthway, at all events outdoors and where practical, sun screen recommended by the Cancer Council will be provided to those attending, including members of the public.
- 4.2 Where available, natural shade will be utilised to protect competitors and spectators. Officials will be protected from UVR where possible, by shade materials and purpose-built structures.
- 4.3 Officials representing the VSCC at outdoors events, will be requested to act as positive role models by adopting sun protection behaviours, for example - applying sunscreen products, wearing broad brimmed hats and long sleeved shirts where practical.
- 4.4 Competitors will be encouraged to adopt various UVR protection methods, when not wearing safety clothing, which consists of complete coverage, including gloves as protection from possible fire hazard.

5. SPORT SAFE POLICY

Safety in motor sport is fundamental to every action taken by officials and competitors - before, during and after events. Endeavours to improve safety procedures, and ensure their compliance and implementation, are the priorities of all persons involved. This extends to the safe location of any spectators at events.

Procedure:

- 5.1 To provide safe levels of driver competency, entrants in Regularity Trials or other competition events, must hold the minimum of a CAMS Level 2S Competition Licence or other appropriate grade, according to the competition entered.
- 5.2 If any entrant or driver is under 18 years of age, the consent of his/her parent or guardian must appear on the relevant Entry Form.
- 5.3 Prior to competition and at appointed times; all driver apparel (helmets, overalls, clothing, gloves etc) must be presented for inspection and approval. No driver may participate in any practice session or any part of an event, unless scrutiny for current safety standards has been passed.
- 5.4 All cars must comply with requirements set down in safety regulations specific to each competition event and must have passed officials' scrutiny before the event. At 'Drivers Briefings' held prior to events commencing and which entrants must attend, all competitors are reminded of safety procedures – any driver not contesting events in the appropriate manner will be black flagged and may face further charges, as determined by the Stewards of the Meeting.

page 3 of 5

5. Sport Safe Policy

Procedure (continued)

- 5.5 The possibility of fire emergencies at motor sport events is ever present, and officials are mindful of this potential. Appropriate fire fighting equipment is serviced regularly and readily available to manage any hazard, which might occur.

Within the Sport Safe Policy, training of personnel in the correct use of relevant equipment will be actively promoted and supported. Approved fire extinguishers with current certification, are mandatory in every competition car.

- 5.6 VSCC officials are mindful of the dangers always associated with motor sport and the activities related with the management of events. Special care is taken, to ensure the safest procedures during set-up and dismantling of equipment, and the movement of competition, towing and support vehicles.
- 5.7 Qualified medical personnel are always in attendance at competition events, with fully serviced and appropriate equipment available. The training of First Aid volunteers will be promoted, with their attendance at non-competition events, actively encouraged.

IN SUMMARY

The Vintage Sports Car Club believes that co-operative interaction between genders and generations, assists better understanding and tolerance in the community – objectives which the Club aspires to encourage and support. Counsellors for senior people, have documented the extensive benefits gained from communication with others who enjoy similar interests and hobbies. Accordingly, the club endeavours to provide active and social motoring involvement for members, together with opportunities for exchange of technical knowledge, trade and craft skills between all ages.

Committee members acknowledge that examples set by respected peers influence others, particularly the younger generation; thus senior club members are expected to be mindful of how the better aspects of appropriate behaviour, might influence the lifestyle choices of others.

Relevant changes and reviews on all aspects of this Health Policy will be updated annually by the VSCC, as more information is available from Healthway, on strategies to improve the general wellbeing of communities. To assist the Club officers, specific Managers responsible for Healthway priority items, have been requested to inform the committee of that advice – in recognition, a relevant signature forms part of this document.



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President - John Todd Davies Date

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Secretary - Lou Symes Date

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Manager, Healthway Sponsorship Date
Mary Ann Stewart-Richardson

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